



5-11



shopping

Ask your mum or dad if you can accompany them to the supermarket. Have a look at the different things that they buy and see what kind of packaging is used to protect them.

When you get back home, try to have a quick look through the shopping before things are put away and see if you can identify which items use the most packaging and which use the least.

- ask your parents if you can take these pieces of packaging into school once they are finished with – perhaps your class could have one full month when people can bring in bits of packaging and put it somewhere safe until the end of the month.
- when everyone has brought some packaging in, split into small groups and your teacher will give out a few items of packaging to each team.
- in your teams study the packaging that you have in front of you. Are there some items that you think have too much packaging around them? If so what are they?
- can you work out what kind of material these items are made of?
- can you think of any ways that the products could be packaged in a more environmentally friendly way?

Once you have spent some time examining the packaging in your groups, take turns to present your findings to the rest of the class. What have you learnt about the packaging around your products?

Can you think of any ways that people could help to reduce the amount of packaging that they end up with after shopping? Can any of the bits of packaging that you have looked at be recycled?

Teacher's Information: This activity may be linked with English KS2, PHSE & Citizenship KS1.

