

Fun & Games

Saving energy is an important part of protecting the environment and you can do your part by saving energy day to day. In one week, complete as many of the following tasks as possible and help to make a difference. You can use the chart below to record what you are doing to save energy. Every little thing that you do counts, so keep an eye out for other energy saving activities that you can take part in.

See how much energy you can save by completing as many task as possible in a week. Use the chart below to record what you do and see how you have made a difference.

Every little thing that you do counts. So keep an eye out for other energy saving activities that you can take part in.



	1	2	3	4	5	6	7
Turn the taps off when brushing your teeth							
Put on extra clothing instead of asking for heating to be turned up							
Wash car by hand							
Water plants with a watering can							
Hang your washing out to dry							
Turn off consoles or TVs							
Unplug your mobile phone charger when not in use							
Switch lights off when they are not needed							
Draw curtains to keep the heat in							
Wear clothes more than once (if still clean of course!)							